

You're invited to

# HOPE HEALTH *and* HUMOR

at-home  
edition

*Did you know heart disease is the #1 killer of women?*

The Minneapolis Heart Institute Foundation (MHIF) is passionate about erasing the gap in women's heart health research.

Each August, MHIF hosts an inspiring, in-person *Hope, Health and Humor* event to connect women and raise awareness of our heart health. While a large gathering isn't possible this year, I'm reaching out to important women in my life with the hope that you'll join me for my own *Hope, Health and Humor* gathering to connect and take care our own hearts!

<b>Hosted By:</b>
<b>Date:</b>
<b>Time:</b>
<b>Address:</b>
<b>RSVP:</b>

MHIF has designed an app to help women learn more about heart health. It even includes an online marketplace, which will allow us to shop for a cause with all vendors donating 15% of sales to Minneapolis Heart Institute Foundation.

**Check it out at [www.mplsheart.org/hhh2020](http://www.mplsheart.org/hhh2020).**